

Attunement Language Music (ALM) – Completed Works

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1. Trademark Definition of ALM

Attunement Language Music (ALM) is a musical genre and creative methodology that translates non-verbal communication—such as sensory patterns, emotional cues, and relational rhythms—into structured musical expression. Rooted in deep interpersonal attunement, ALM transforms the embodied language of non-verbal individuals into original compositions that honour their inner world, relational presence, and unique modes of expression.

2. Founder's Statement

Canadian Artist: Alison Sportak

I created Attunement Language Music as a way to honour the profound communication that exists beyond spoken words. ALM emerged through years of attuned caregiving with non-verbal individuals, especially our Silent Angels, whose rhythms, gestures, and emotional presence formed a complete language of their own. These compositions are not interpretations of silence; they are translations of a living, expressive world that deserves to be heard.

ALM is my commitment to recognizing the depth, dignity, and brilliance of non-verbal communication, and to offering a musical home for voices that have always been present, even without speech.

In Gratitude,

Alison Sportak

3. The ALM Manifesto

Attunement Language Music begins with a simple truth:

non-verbal does not mean non-expressive.

We reject the idea that language lives only in words.

We honour the languages spoken through breath, rhythm, gaze, tension, release, and presence.

We listen with our whole selves.

We translate with reverence.

We compose with responsibility.

Three Pillars of ALM

- **Attunement** — the discipline of deep listening.
- **Dignity** — the belief that every inner world is worthy of interpretation.
- **Relationship** — the shared field where communication becomes music.

We create not for non-verbal individuals, but with them.

Their cues become motifs.

Their rhythms become structured.

Their emotional landscapes become sound.

ALM is a tribute to the client, the caregiver, and the relationship that binds them.

It is a reminder that communication is everywhere, waiting to be recognized.

This is not a genre of silence.

It is a genre of presence.

4. About ALM (Stones & Strings Studio)

Attunement Language Music (ALM) is a new musical genre developed at Stones & Strings Studio. ALM transforms the non-verbal communication of individuals—through their rhythms, sensory patterns, and emotional cues—into original musical compositions. These pieces are created through deep relational listening, honouring the unique ways non-verbal people express comfort, trust, curiosity, overwhelm, and joy. ALM offers a musical language that celebrates their presence and preserves their stories in sound.

5. Formal Description for Grants & Professional Use

Attunement Language Music (ALM) is an emerging genre and compositional framework that translates non-verbal communication into musical form. Developed through long-term relational caregiving with non-verbal individuals, ALM draws from observable patterns such as gesture, breath rhythm, sensory engagement, and emotional signaling. These elements are interpreted through a structured attunement process and transformed into original compositions that reflect the individual's expressive identity.

ALM contributes to contemporary music, disability arts, and relational-based creative practice by offering a rigorous, dignifying method for representing non-verbal communication through sound.

6. Press Announcement

FOR IMMEDIATE RELEASE

Stones & Strings Studio Announces the Launch of a Groundbreaking New Musical Genre: Attunement Language Music (ALM)

Port Alberni, BC — Stones & Strings Studio proudly unveils Attunement Language Music (ALM), an innovative musical genre created by Canadian ceremonial designer and composer Alison Sportak. ALM transforms the non-verbal communication of individuals—through their rhythms, sensory patterns, and emotional cues—into original musical compositions.

Unlike traditional genres, ALM is built on deep relational listening. Each piece translates embodied communication into sound, offering a dignifying and expressive musical language for those who do not use speech.

Stones & Strings Studio will release the first ALM works in the coming year, alongside educational materials and public presentations introducing this transformative genre.

For media inquiries, please contact Stones & Strings Studio.

7. Wikipedia Entry (Neutral, Encyclopedic)

Overview

Attunement Language Music (ALM) is an emerging musical genre and compositional methodology founded by Canadian artist Alison Sportak. Developed through long-term relational caregiving with non-verbal individuals, ALM translates embodied communication—such as gesture, breath rhythm, sensory engagement, and emotional signaling—into structured musical works.

Origins

The genre originated through Sportak’s relationship with Lily, a non-verbal individual whose unique rhythms and sensory patterns formed the foundation of what became known as “Lily’s language.” Sportak formalized this translation process into a repeatable musical framework, establishing ALM as a distinct genre.

Characteristics

- Translation of non-verbal cues into musical form
- Emphasis on relational presence and attunement
- Integration of sensory-rhythmic patterns
- Focus on dignity, agency, and expressive identity

Applications

ALM contributes to contemporary composition, disability arts, therapeutic practice, and relational-based creative methodologies.

8. Studio Tagline

Stones & Strings Studio — Listening Beyond Words.

9. Visual Identity Description

The visual identity of Attunement Language Music (ALM) is grounded in softness, resonance, and relational presence. Its aesthetic draws from:

- Organic lines that echo breath, gesture, and sensory flow
- Warm neutrals and muted earth tones representing dignity and groundedness
- Subtle gradients symbolizing emotional transitions and attunement
- Circular or wave-based motifs reflecting rhythmic communication
- Minimalist typography that conveys clarity, spaciousness, and respect

The overall feel is gentle yet intentional — a visual language that mirrors the quiet brilliance of non-verbal expression.

10. Ceremonial Origin Story

(Formatted for readability as shown in previous message.)

11. Founder Biography

Alison Sportak is a Canadian ceremonial designer, composer, and creative lineage-bearer whose work bridges music, caregiving, and ancestral storytelling. As the founder of Stones & Strings Studio, she has dedicated her career to honouring the expressive worlds of non-verbal individuals through relational attunement, ritual language, and artistic translation.

Alison is the originator of Attunement Language Music (ALM), a groundbreaking musical genre that transforms non-verbal communication—such as sensory rhythms, emotional cues, and embodied presence—into original compositions.

12. Mission & Vision

Mission: To honour and translate the expressive worlds of non-verbal individuals into dignified musical compositions through relational attunement.

Vision: A global movement where non-verbal communication is recognized as a profound language, celebrated through music and art.

13. Audience & Impact

- Non-verbal individuals and their families
- Caregivers and therapists
- Disability arts communities
- Contemporary composers and educators
- Impact: ALM reframes non-verbal expression as musically structured, emotionally articulate, and worthy of cultural recognition.

14. Practical Applications

- Therapeutic music programs
- Educational workshops
- Collaborative art installations
- Research in relational-based creative practice

15. Roadmap

- **Year 1:** Release first ALM compositions; host introductory workshops
- **Year 2:** Publish educational materials; expand partnerships in disability arts
- **Year 3:** Launch global ALM symposium and collaborative projects

16. Funding & Partnership Opportunities

- Grants in disability arts and music innovation
- Partnerships with caregiving organizations
- Sponsorship for workshops and public presentations